



2026
EUROPEAN SENIOR
MODERN PENTATHLON
CHAMPIONSHIP
İSTANBUL

02 AUGUST - TRAINING DAY

Venue	Training Type	Start	End	Duration
Pool	Swimming Training	14:00	15:30	1hr. 30 min
Fencing Hall	Fencing Training	14:00	17:00	3.hr
Obstacle Course	Obstacle Training	14:00	17:00	3.hr
Track & Shooting	Laser Run Training	14:00	17:00	3.hr

03 AUGUST - RELAY DAY (Women Relay, Men Relay Comp.)

Venue	Training Type	Start	End	Duration
Obstacle Course	Obstacle Training	9:00	11:00	2.hr
Track & Shooting	Laser Run Training	9:00	11:00	2.hr
Pool	Swimming Training	14:00	15:30	1hr. 30 min
Fencing Hall	Fencing Training	15:30	16:30	1.hr

04 AUGUST - WOMEN QUALIFICATIONS DAY (Group A, Group B Comp.)

Venue	Training Type	Start	End	Duration
Obstacle Course	Obstacle Training	12:30	13:30	1.hr
Track & Shooting	Laser Run Training	13:30	14:30	1.hr
Pool	Swimming Training	14:00	15:00	1.hr

05 AUGUST - MEN QUALIFICATIONS (3 Groups) + Women Fencing Seeding 17:00

Venue	Training Type	Start	End	Duration
Obstacle Course	Obstacle Training	10:00	11:00	1hr.
Pool	Swimming Training	11:00	12:00	1hr.
Track & Shooting	Laser Run Training	13:30	14:30	1hr.



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06 AUGUST - WOMEN SEMI-FINALS (Group A: 08:00, Group B: 17:00) + Men Fencing Seeding 13:00

Venue	Training Type	Start	End	Duration
Fencing Hall	Fencing Training	11:00	12:30	1hr. 30 min
Pool	Swimming Training	11:00	12:00	1.hr
Obstacle Course	Obstacle Training	13:00	14:30	1hr. 30 min
Track & Shooting	Laser Run Training	13:00	14:30	1hr. 30 min

07 AUGUST - MEN SEMI-FINALS (Group A: 08:00, Group B: 17:00)

Venue	Training Type	Start	End	Duration
Fencing Hall	Fencing Training	11:00	12:30	1hr. 30 min
Pool	Swimming Training	11:00	12:00	1.hr
Obstacle Course	Obstacle Training	13:00	14:30	1hr. 30 min
Track & Shooting	Laser Run Training	13:00	14:30	1hr. 30 min

08 AUGUST - FINALS (Women: 08:00, Men: 17:00)

Venue	Training Type	Start	End	Duration
Fencing Hall	Fencing Training	11:00	12:30	1hr. 30 min
Pool	Swimming Training	11:00	12:00	1.hr
Obstacle Course	Obstacle Training	13:00	14:30	1hr. 30 min
Track & Shooting	Laser Run Training	13:00	14:30	1hr. 30 min